

CLEVELAND HEIGHTS
HIGH SCHOOL

PEEK AT THE
WEEK

APRIL 2, 2024



Mission: Our schools provide a challenging and engaging education to prepare all our students to become responsible citizens and succeed in college and career.

OST TESTING SCHEDULE: WEEK OF APR. 2

This is a reminder that we start OST testing on **Wednesday, April 3**. Students scheduled to test must bring their **charged Chromebook and chargers** and should report to their testing location by **8:00 a.m.**

Students who are not scheduled to test should arrive to school by 10:15 a.m. on April 3 and 4.

ENGLISH/LANGUAGE ARTS

Wednesday, April 3 Part 1 8:15 - 10:15 a.m.
Thursday, April 4 Part 2 8:15 - 10:15 a.m.

[Click here](#) for the OST Testing Schedule and links to the Bell Schedules for each testing day.

[Click here](#) to read the letter that was sent out by the Guidance Team.

NO SCHOOL: APR. 8

This is a reminder that there will be **no school on Monday, April 8** due to the **Total Solar Eclipse**.

Please remember to **NEVER** look directly at the sun without eclipse glasses or a solar viewer.

[Click here](#) for more information regarding the eclipse, safety tips, and events that are taking place in CH-UH on April 8.



**SENIOR CLASS COUNCIL
DEWEY'S FUNDRAISER: APR. 2**

Support the Class of 2024 and enjoy some delicious pizza from Dewey's today, April 2 from 4 - 9 p.m.

Mention [this flyer](#) or order online mentioning "GBN" in the Order Notes and up to 20% of all food purchases will be donated to the CHHS Senior Class Council.

The District has adopted a plan for communications with persons with disabilities, which is available [here](#).

The plan establishes procedures to ensure that the District's communications with persons with disabilities, including applicants, participants, members of the public, and companions with disabilities, are as effective as its communications with others.

Vision & Expectation: A diploma in every hand. A plan in every head. A purpose in every heart.

National Arab American Heritage Month

Celebrating Arab American Resilience and Diversity

In 2022, President Biden became the first U.S. President to declare April as National Arab American Heritage Month, in recognition of the contributions of Arab Americans to the nation's history.

Americans of Arab heritage have advanced the nation's achievements in diplomacy, science, technology, science, technology, as well as in art and culture.

Arab America and the Arab America Foundation launched the [National Arab American Heritage Month](#) initiative in 2017 to celebrate the community's rich heritage and numerous contributions to society.

This year's theme is "[Celebrating Arab American Resilience and Diversity.](#)"

Events at CHHS

Every Week

- Daily announcements of Arab American and cultural facts.
- Daily spotlight & quote on school's TV monitors of Arab Americans who were resilient in the face of hardship and discrimination and pushed for diversity.
 - [Arab American Heritage Month Daily Quote Slides](#)
 - [Arab American Heritage Month Daily Spotlight Slides](#)

"Challenging injustice means standing up for the weak, the vulnerable, the abused, and the forgotten... It means fighting oppression at every opportunity - no matter the place or country."

Additional Information On Arab American Heritage Month & People To Celebrate

["National Arab American Heritage Month"](#)

["Celebrating the History and Contributions of Arab Americans"](#)

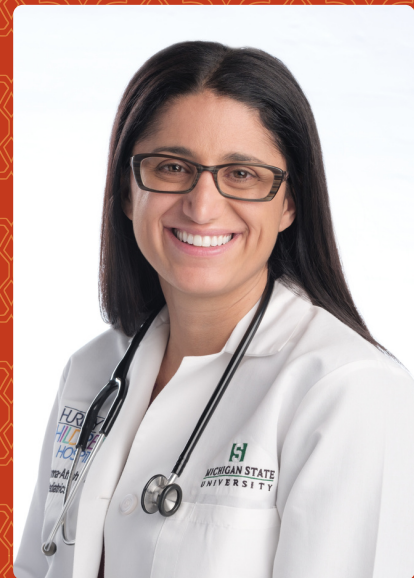
["9 Facts About Arab American Heritage Month"](#)

["Celebrate Arab American Heritage Month" - Documentaries & Programs from PBS](#)

["Celebrate These Notable Women for Arab American Heritage Month"](#)

["15 Notable Arab Americans Who Have Made History"](#)

["6 Groundbreaking Innovations by Arab Americans"](#)



Dr. Mona Hanna-Attisha

(1976 - Present)

Dr. Mona Hanna-Attisha is a first generation Iraqi-American immigrant who grew up in metro Detroit.

Dr. Hanna-Attisha currently a professor at Michigan State University and a pediatrician at Hurley Children's Hospital. She is the founding director of the Pediatric Public Health Initiative in Flint, Michigan. She also advocates for children, immigrants, and women in STEM.

She was recognized as one of *TIME* magazine's 100 Most Influential People in the World and one of *USA Today's* Women of the Century for her role in uncovering the Flint Water Crisis, which exposed children of Flint, Michigan to dangerous levels of lead.

Heights High School



BLACK & GOLD STUDENT NEWSPAPER MEETINGS ON TUESDAYS

Calling all writers, photographers, and artists - the Heights High *Black & Gold* student newspaper is back and want you on their staff!

Meetings will take place after school in **Room 307 on Tuesdays from 3:00 - 3:30 p.m.**

Note: there will be no meeting on the third Tuesday of every month.

Questions? Please see Mrs. Tayse.

CLEVELAND HEIGHTS LEGENDS FORM

If you were a graduate of Heights High School and are the parent or grandparent of a **graduating senior**, we would like to honor you by printing your name in our Graduation Program for the Class of 2024.

Please submit this form **NO LATER THAN Friday, May 10, 2024** to be included in the program.

HEIGHTS HIGH HALLWAY PROCEDURES

Heights High students and families, please take a moment to review the hallway procedures and expectations at Heights High School.

- 1) Students are expected to be mindful that unnecessary conversation and inconsiderate behavior distract classroom activities and will not be tolerated when in the building. Students are expected to be quick and quiet in the hallways and arrive at their assigned location or destination with as little delay as possible.
- 2) Students must have a hall pass when leaving a regularly scheduled class, mandatory activity, library, or office. Students should not loiter in the halls, entrances to the building, or other teaching areas during any period of the day, or after school. Students will need to provide their teacher with a pass if they arrive late to an assigned period and need to account for their whereabouts for the portion of the class they missed.
- 3) Students must use appropriate language and demonstrate appropriate behavior during passing periods.
- 4) Hall passes are highly discouraged during the first and last 10 minutes of each period of the day to ensure quiet learning environments. Students do not congregate in academic hallways, sit at open supervision tables and desks, or by their lockers when classes are in session.
- 5) Finally, all litter should be disposed of properly in the provided garbage or recycling receptacles.

NHS INDUCTION APPLICATIONS WILL BE SENT OUT THIS WEEK

National Honor Society will be sending out applications to all current sophomores and juniors with a cumulative GPA of 3.5 or above.

Students will be invited to join a Google Classroom, where they can find information about NHS, the application, and resources to help them complete and submit the application.

The deadline to submit the application is Friday, April 12th.



NURSE'S NOTES: "SLEEP - WHY IS MY CHILD TIRED ALL OF THE TIME?"

Sleep is essential for teenagers because it plays an important role in their physical and mental development. Most teens should get between 8 and 10 hours of sleep per night.

Unfortunately, research indicates that many teens get far less sleep than they need.

Teens face numerous challenges to getting consistent, restorative sleep. Recognizing those challenges helps teens and their caregivers make a plan so that teens get the sleep they need.

[Click here](#) to learn more about the consequences of sleep deprivation and tips to developing healthy sleep habits.

PBIS STUDENT & FAMILY SURVEYS

In CH-UH, part of our mission is to establish and maintain an effective learning environment and positive school climate by implementing behavioral supports needed for all students to achieve social, emotional and academic success. To that end, every year, we conduct a student and parent survey for families to provide input and feedback on current PBIS practices in our school. **The responses to the surveys are anonymous.**

Emails and names are not collected, and the survey only takes a few minutes to complete. Your feedback is used by our school to identify a student and family perception of the implementation of school-wide PBIS.

You can complete the survey using these links:

[CHHS Student PBIS Survey](#)

[CHHS Parent PBIS Survey](#)

RED CROSS BLOOD DRIVE: APR. 9

EACH DONOR WILL BE GIVEN A CEDAR POINT PARK PASS

DECA SPONSORED
HEIGHTS HIGH

RED CROSS
BLOOD DRIVE

APRIL 9, 2024 9:00 AM-2:45 PM

- ✓ MUST BE AT LEAST 16 YEARS OF AGE
- ✓ WEIGH AT LEAST 110 POUNDS
- ✓ PERMISSION SLIP REQUIRED

SEE THE SCHOOL NURSE OR MRS. PARKER
IN ROOM 124 FOR PERMISSION SLIP(S).

The Heights High DECA members will host the first blood drive of the year with the American Red Cross this Tuesday, April 9 from 9:00 a.m. to 2:45 p.m. in the Heights High Competition Gym.

Donors with all blood types are needed but especially those with types O, negative A, and negative B.

Each donor will receive a Cedar Point Park Pass.

Students who are interested in donating must be at least 16 years of age, weight at least 110 pounds, and need a permission slip.

Students - please see the School Nurse or Mrs. Parker in Room 124 for a permission slip.

For more information or to make an appointment to donate, contact Mrs. Parker or sign up online here.

SADD HOSTING MOTIVATIONAL SPEAKER: APR. 4 DURING 5TH PERIOD

On Thursday, April 4 Students Against Destructive Decisions (SADD) will be hosting Dr. Antoine Moss. Dr. Moss will speak to students during 5th period in the mini auditorium to motivate and inspire you to finish the fourth quarter strong! Dr. Moss is a motivational speaker and works for NASA. Please join us as we work towards ending the school year strong!



SENIOR ADS FOR THE CALDRON YEARBOOK

Dear Parents of the Class of 2024:

Display your pride and affection for your child in the school yearbook, The Caldron. We have reserved a section for you to offer your words of advice or encouragement – along with those cherished growing up pictures.

How? In our Senior Ads section!

Simply choose the ad size, your message and send us a baby photo – digitally or hard copy. We can design the ad for you or follow your requests.

The ad pages are designed in a 16-block format on an 8/5 x 11 inch page.

Each block is approximately 4 ½ inches by 1 ¼ inches. Each block is priced at \$25/each with discounts for ordering multiple blocks.

Orders must be placed not later than April 30, 2024. Click here for more information!



SOCIAL WORKER'S CORNER

**ALLISON
CRAIG**

C/O 2026 & C/O 2027
(H-M LAST NAMES)



**KRISTIN
DADAS**

C/O 2024 & C/O 2027
(A-G LAST NAMES)



**LATIESA
KIRKPATRICK**

"While You Wait"

Sourced by On Our Sleeves

You decided to seek mental health therapy for your child, but now you may be waiting for weeks or even months before the first appointment. This time can be truly stressful and, as a caregiver, you may feel powerless.

However, there are some things you can start doing now to help your child and your family.

- 1) Check in with your child
- 2) Share your concerns with someone you trust
- 3) Set routines, structures and schedules
- 4) Encourage Activities
- 5) Take care of you

And remember, you are not in this alone! Please reach out to your child's school social worker if additional support is needed. We are here to help! If you or your child need immediate help due to having suicidal thoughts, call the National Suicide Prevention Lifeline at 988.



VOCAL MUSIC HEIGHTS "H" BLANKET RAFFLE

Heights High's Vocal Arts Parent Organization (VAPO) is raffling a beautiful handmade crocheted Heights "H" blanket.

Tickets are on sale now until May 10.

Single tickets for the raffle are \$5 or 5 tickets for \$20.

The winner will be announced at the VMD's Finale Concert on Friday, May 10.

[Click here](#) for more information and to purchase your raffle tickets.



HEIGHTS "H" BLANKET RAFFLE



[HTTP://VAPO.BETTERWORLD.ORG/
GIVEAWAYS/CROCHETED-HEIGHTS-H-
BLANKET](http://VAPO.BETTERWORLD.ORG/GIVEAWAYS/CROCHETED-HEIGHTS-H-BLANKET)

WHEN
March 11—May 10th, 2024

DRAWING
May 10th during VMD
Spring Concert. You do not
have to be present to win.

TICKETS
\$5 single ticket
\$20 for 5 tickets

BENEFITING
Heights High Vocal Music
Department—Vocal Arts
Parent Organization (VAPO)

*Free Shipping available!



VOLUNTEER FOR THE WEINGART RELAYS

All Heights parents and students are invited to volunteer at this week's Weingart Relays!

Weingart Junior for middle school teams will be held on the high school track on Thursday, April 4 and the 40th running of the Weingart Relays will be on Saturday, April 6. With 37 teams registered on Saturday and thousands of kids competing, these events are a great opportunity to showcase our school and community – but only if they go smoothly. please consider volunteering for a shift at one or both events if you are able.

[Thursday, April 4th Weingart Jr. Relay Volunteer Sign-up](#)

[Saturday, April 6th Weingart Invitational Volunteer Sign-up](#)

SENIOR INFORMATION PAGE

Kristen Narduzzi, Senior Advisor
k_narduzzi@chuh.org

Nancy Rich-Drehs, Senior Advisor
n_rich@chuh.org

ORDER

Get ready for Graduation!

It's time to prepare for graduation! You must place the **order for your cap and gown**. Order today at **www.jostens.com** or call **880-567-8367** to order only the cap and gown. Information for additional graduation packages, class rings, and letter jackets can be **found here**.

Commencement will take place at 6:00 p.m. on Thursday, May 30, 2024
at the CSU Wolstein Center, 200, Prospect Avenue E, Cleveland OH, 44115.

ORGANIZE

Senior HS2Future Checklist

To help you prepare to go from high school to the future, we have created a **senior checklist** for your convenience. This will assist you with college and career planning as well as keep you on track to graduate.

UPDATE

Senior Class Page

Make sure to check the **Class of 2024 page** on the district website throughout the year for regular updates and important information!

Click here to read the Semester II Senior Letter from Mr. Smith.

PREPARE

College & Career Readiness

Look below for more information on opportunities for seniors and their families to get help with navigating the financial aid and application process.

Seniors, please check Naviance weekly for scholarship opportunities. If you are receiving college admissions letters and scholarships, and proof of FAFSA submission please give a copy to Mrs. McEwen in Room 129 or email to t_mcewen@chuh.org.

Seniors, make sure you are on track for your senior year. Click here to check out a senior checklist.

Seniors please check your local mail and emails for college and career/trade school deadlines. *Each college and career/trade school may have its own deadline.* Check with the school you're interested in attending. You may also want to ask about the school's definition of an application deadline. For example, the deadline could be the date your FAFSA form is processed or the date the school receives your processed FAFSA data.

Click here to read March's edition of the *Senior Scene* newsletter.

High School 2 the Future!

**Freshman
Checklist**

**Sophomore
Checklist**

**Junior
Checklist**

STAY INFORMED!

LOOKING AHEAD:

Start of
National Arab
American
Heritage Month
4/1

Start of
OST
Testing
4/3

Total Solar
Eclipse
All Schools
Closed
4/8

Red Cross
Blood
Drive
4/9

Reaching
Heights
Adult
Spelling Bee
4/10

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CHUH.ORG - VIEW UPCOMING EVENTS, GRADE INFORMATION, AND THE LATEST DISTRICT HEADLINES.

DATA DIVE

Week of March 18



Attendance Data:

Number of Attendance Referrals -

Goal: < 1386

Current: 1026

Chronically Absent -

Goal: < 37%

Current: 42%

Attendance Percentage:

Goal: > 92%

Current: 88%

Climate Data:

Number of Referrals -

Goal: < 2477

Current: 1908

Number of OSS/ISS -

Goal: < 414

Current: 572

SOCIAL & EMOTIONAL SUPPORTS

If you know of a student is in need of social and/or emotional support, please complete the **referral form** located in the **Quick Links** section of **Heights High's page** on **CHUH.org**. Anyone can complete this referral form, and submissions are routed directly to the school social workers and counselors for follow-up.



STAFF:

The CH-UH Employee Assistance Program through IMPACT can help you reduce stress, improve mental health, and make life easier by connecting you to the right information, resources, and referrals. **All services are free.** This includes access to short-term counseling and a wide range of offerings - from financial consultation to personal assistant services - **listed here.**

SECURITY SCOOP

FROM MR. WATTERS, COORDINATOR FOR SAFETY AND SECURITY

Our “see something, say something” policy applies to our school community 24 hours a day, 7 days a week. Anyone can access the Safe School Helpline to report threats, bullying, or other such behavior.

Call 1-800-4-1-VOICE (1-800-418-6423) ext. 359 to leave your information, or submit a report **online.**

